

## **Fitting Instructions:**

1. Remove the original rubber bush from the arm including its outer shell.

2. Clean any dirt and corrosion from the arm. Chamfer the hole by using a rounded or semi round file to remove any sharp edges and to protect the bush when pressing in.

3. Before fitting the new bush please note that one flange is thicker than the other. The thicker end fits against the flat plate of the subframe, with the thinner end with the washer facing the tube on the subframe (see fig. 1).

4. Apply some washing up liquid to the bore of the shell and press the polyurethane bush in until fully through the arm.

Tip: Try pressing the bush in at a slight angle, so that one part of the lip feeds into the arm first and when steady pressure is applied, the rest of the lip should follow.

5. Apply some of the supplied grease to the bore of the bush and push the sleeve into the bush.

6. Before refitting the arm, fit the washer between the thinner end of the bush and the tube of the subframe.

7. Refit the arm to the subframe and tension all hardware to the manufacturer's recommended torque settings.









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